



**My Adventure at the
2021 Virtual National
Conference for College
Women Student Leaders**

May 25 - 26
Over 400+
attendees

- Attendees from all over the Country - some from Cambodia, Spain, and Puerto Rico
- Keynote Speakers
- Workshops



Keynote Speakers

- ★ Kimberly Churches - AAUW CEO
- ★ Brittney Cooper - Associate Professor of Women's and Gender Studies and Africana Studies at Rutgers University
- ★ Dr. Morgan Jenkins - visiting professor at Columbia University and Forbes 30 under 30 leader in the media

- ★ Noor Tagouri - award-winning journalist who started her own production company
- ★ Raquel Willis - Black queer transgender activist, writer, and speaker





Workshops

- How to Amp up your Political and Civic Engagement
- #Electher: Empowering YOU to Run for Office
- How to Start a Nonprofit
- Grad School and Beyond



Networking

- Everyone was very inviting and friendly at NCCWSL!
- I made dozens of connections.
- I found a support group to join while attending NCCWSL!
- Received dozens of LinkedIn Invites.

Takeaways



- Rules of society have been designed for the exceptional few
- Do the work! Qualifications and reading will help root your leadership in integrity and confidence.
- Reading Recommendations:
 - ★ Eloquent Rage
 - ★ Words of Fire
 - ★ The Color of Law
 - ★ The Master Tools
- Develop civic consciousness and get civically engaged!
- Minorities - more inclusive term: part of the global majority
- Employment gives you the monetary means to participate further in society.
- Make a conscious effort to develop yourself.
- Create a glory file that reminds you that you're doing a good job (awards, kind emails, etc.)

More Takeaways



- You are not striving for perfection; you are striving for progress!
- Your brand is what people say about you when you're not in the room. Be self-aware!
- Identify your values.
- Values: equity, inclusion, love, curiosity, compassion, etc.
- Always think of ways to improve.
- GPS: goals, perseverance, support
- Set monthly and quarterly goals.
- Find conscious careers that align with your interests and values.

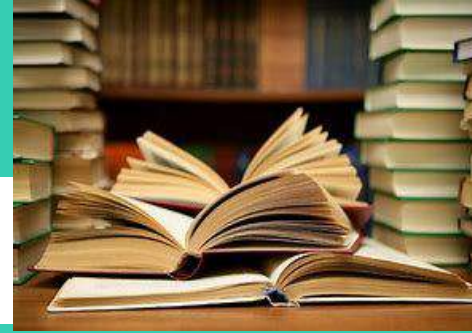
How am I putting NCCWSL to use?



INJURED WORKER'S AID OF CALIFORNIA

- I'm in the process of creating two organizations at San Diego State University:
 1. AAUW Branch
 2. Support Group for Chronic Illness, Disability, Mental Illness, etc.
- I've given a presentation on Worker's Compensation reform to Lorena Gonzalez's office and should have a meeting with the Chief of Staff and the Assembly Member later this year to propose, draft, and reform legislature
- Creating a nonprofit for Injured Workers in San Diego
- Called Injured Worker's Aid of California
- Offers support and aid to Injured Workers through knowledge, support groups, consultations, legal services, etc.
- Provides resources to Injured Workers.

Reading List Provided By Speakers:



- **Bad Feminist by Roxane Gay**
- **Algorithms of Oppression by S. Noble**
- **The Body Keeps Score by Bessel van der Kolk**
- **White Feminism: From the Suffragettes to Influencers and Who They Leave Behind by Koa Beck**
- **Wandering in Strange Lands by Morgan Jerkins**
- **Caul Baby by Morgan Jerkins**
- **This Will be My Undoing By Morgan Jerkins**
- **Say it Louder: Black Voters, Voices, and the Shaping of American Democracy by Tiffany Cross**
- **Set Boundaries, Find Peace by Nedra Tawwab**
- **The Color of Money by Mehrsa Baradaran**
- **We are Each Other's Harvest by Natalie Baszile**